



# State of Connecticut Department of Education

## Health Assessment Record



**To Parent or Guardian:**

In order to provide the best educational experience, school personnel must understand your child's health needs. This form requests information from you (Part 1) which will also be helpful to the health care provider when he or she completes the medical evaluation (Part 2) and the oral assessment (Part 3).

State law requires complete primary immunizations and a health assessment by a legally qualified practitioner of medicine, an advanced practice registered nurse or registered nurse, licensed pursuant to chapter 378, a physi-

cian assistant, licensed pursuant to chapter 370, a school medical advisor, or a legally qualified practitioner of medicine, an advanced practice registered nurse or a physician assistant stationed at any military base prior to school entrance in Connecticut (C.G.S. Secs. 10-204a and 10-206). An immunization update and additional health assessments are required in the 6th or 7th grade and in the 9th or 10th grade. Specific grade level will be determined by the local board of education. This form may also be used for health assessments required every year for students participating on sports teams.

*Please print*

|  |  |   |
|--|--|---|
| Student Name (Last, First, Middle)                   | Birth Date   | <input type="checkbox"/> Male <input type="checkbox"/> Female |
| Address (Street, Town and ZIP code)                  |  |   |
| Parent/Guardian Name (Last, First, Middle)           | Home Phone   | Cell Phone  |
| School/Grade   | Race/Ethnicity   | <input type="checkbox"/> Black, not of Hispanic origin        |
| Primary Care Provider                                | <input type="checkbox"/> American Indian/<br>Alaskan Native              | <input type="checkbox"/> White, not of Hispanic origin        |
|  | <input type="checkbox"/> Hispanic/Latino                                 | <input type="checkbox"/> Asian/Pacific Islander               |
|  |  | <input type="checkbox"/> Other                                |
| Health Insurance Company/Number* or Medicaid/Number* |  |   |
| Does your child have health insurance? Y N           | If your child does not have health insurance, call <b>1-877-CT-HUSKY</b> |   |
| Does your child have dental insurance? Y N           |  |   |

\* If applicable

### Part 1 – To be completed by parent/guardian.

**Please answer these health history questions about your child before the physical examination.**

Please circle **Y** if "yes" or **N** if "no." Explain all "yes" answers in the space provided below.

|  |   |   |   |   |   |                                  |   |   |
|--|---|---|---|---|---|----------------------------------|---|---|
| Any health concerns  | Y | N | Hospitalization or Emergency Room visit | Y | N | Concussion                       | Y | N |
| Allergies to food or bee stings  | Y | N | Any broken bones or dislocations        | Y | N | Fainting or blacking out         | Y | N |
| Allergies to medication  | Y | N | Any muscle or joint injuries            | Y | N | Chest pain                       | Y | N |
| Any other allergies  | Y | N | Any neck or back injuries               | Y | N | Heart problems                   | Y | N |
| Any daily medications  | Y | N | Problems running                        | Y | N | High blood pressure              | Y | N |
| Any problems with vision   | Y | N | "Mono" (past 1 year)                    | Y | N | Bleeding more than expected      | Y | N |
| Uses contacts or glasses   | Y | N | Has only 1 kidney or testicle           | Y | N | Problems breathing or coughing   | Y | N |
| Any problems hearing   | Y | N | Excessive weight gain/loss              | Y | N | Any smoking                      | Y | N |
| Any problems with speech   | Y | N | Dental braces, caps, or bridges         | Y | N | Asthma treatment (past 3 years)  | Y | N |
| <b>Family History</b>  |   |   |   |   |   |                                  |   |   |
| Any relative ever have a sudden unexplained death (less than 50 years old) |   |   | Y N                                     |   |   | Seizure treatment (past 2 years) |   |   |
| Any immediate family members have high cholesterol                         |   |   | Y N                                     |   |   | Diabetes                         |   |   |
|  |   |   |   |   |   | ADHD/ADD                         |   |   |

Please explain all "yes" answers here. For illnesses/injuries/etc., include the year and/or your child's age at the time.

Is there anything you want to discuss with the school nurse? Y N If yes, explain:

Please list any **medications** your child will need to take in school:

*All medications taken in school require a separate Medication Authorization Form signed by a health care provider and parent/guardian.*

I give permission for release and exchange of information on this form between the school nurse and health care provider for confidential use in meeting my child's health and educational needs in school.

Signature of Parent/Guardian

Date



## Part 2 — Medical Evaluation

HAR-3 REV 7/2018

### Health Care Provider must complete and sign the medical evaluation and physical examination

Student Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Date of Exam \_\_\_\_\_

I have reviewed the health history information provided in Part 1 of this form

### Physical Exam

Note: \*Mandated Screening/Test to be completed by provider under Connecticut State Law

\*Height \_\_\_\_\_ in. / \_\_\_\_\_% \*Weight \_\_\_\_\_ lbs. / \_\_\_\_\_% BMI \_\_\_\_\_ / \_\_\_\_\_% Pulse \_\_\_\_\_ \*Blood Pressure \_\_\_\_\_ / \_\_\_\_\_

|                   | Normal | Describe Abnormal | Ortho   | Normal | Describe Abnormal |
|-------------------|--------|-------------------|---|--------|-------------------|
| Neurologic        |        |                   | Neck  |        |                   |
| HEENT             |        |                   | Shoulders   |        |                   |
| *Gross Dental     |        |                   | Arms/Hands  |        |                   |
| Lymphatic         |        |                   | Hips  |        |                   |
| Heart             |        |                   | Knees   |        |                   |
| Lungs             |        |                   | Feet/Ankles   |        |                   |
| Abdomen           |        |                   | *Postural <input type="checkbox"/> No spinal abnormality <input type="checkbox"/> Spine abnormality:<br><input type="checkbox"/> Mild <input type="checkbox"/> Moderate<br><input type="checkbox"/> Marked <input type="checkbox"/> Referral made |        |                   |
| Genitalia/ hernia |        |                   |   |        |                   |
| Skin              |        |                   |   |        |                   |

### Screenings

| *Vision Screening   | *Auditory Screening  | History of Lead level<br>≥ 5µg/dL <input type="checkbox"/> No <input type="checkbox"/> Yes | Date |
|---|--|--|------|
| Type: <span style="margin-left: 20px;">Right</span> <span style="margin-left: 20px;">Left</span>        | Type: <span style="margin-left: 20px;">Right</span> <span style="margin-left: 20px;">Left</span> |  |      |
| With glasses <span style="margin-left: 20px;">20/</span> <span style="margin-left: 20px;">20/</span>    | <input type="checkbox"/> Pass <input type="checkbox"/> Fail                                      | *HCT/HGB:  |      |
| Without glasses <span style="margin-left: 20px;">20/</span> <span style="margin-left: 20px;">20/</span> | <input type="checkbox"/> Referral made   | *Speech (school entry only)  |      |
| <input type="checkbox"/> Referral made  |  | Other:   |      |

TB: High-risk group?  No  Yes PPD date read: \_\_\_\_\_ Results: \_\_\_\_\_ Treatment: \_\_\_\_\_

### \*IMMUNIZATIONS

Up to Date or  Catch-up Schedule: **MUST HAVE IMMUNIZATION RECORD ATTACHED**

#### \*Chronic Disease Assessment:

**Asthma**  No  Yes:  Intermittent  Mild Persistent  Moderate Persistent  Severe Persistent  Exercise induced  
 If yes, please provide a copy of the **Asthma Action Plan** to School

**Anaphylaxis**  No  Yes:  Food  Insects  Latex  Unknown source

**Allergies** If yes, please provide a copy of the **Emergency Allergy Plan** to School

History of Anaphylaxis  No  Yes Epi Pen required  No  Yes

**Diabetes**  No  Yes:  Type I  Type II

**Other Chronic Disease:** \_\_\_\_\_

**Seizures**  No  Yes, type: \_\_\_\_\_

This student has a developmental, emotional, behavioral or psychiatric condition that may affect his or her educational experience.  
 Explain: \_\_\_\_\_

Daily Medications (specify): \_\_\_\_\_

This student may:  participate fully in the school program  
 participate in the school program with the following restriction/adaptation: \_\_\_\_\_

This student may:  participate fully in athletic activities and competitive sports  
 participate in athletic activities and competitive sports with the following restriction/adaptation: \_\_\_\_\_

Yes  No Based on this comprehensive health history and physical examination, this student has  
 Is this the student's medical home?  Yes  No  I would like to discuss information in the

|   |                   |               |
|---|-------------------|---------------|
| Signature of health care provider _____ MD / DO / APRN / PA | Date Signed _____ | Printed _____ |
|---|-------------------|---------------|

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# State of Connecticut Department of Education

## Early Childhood Health Assessment Record

(For children ages birth – 5)



**To Parent or Guardian:** In order to provide the best experience, early childhood providers must understand your child's health needs. This form requests information from you (Part I) which will be helpful to the health care provider when he or she completes the health evaluation (Part II). State law requires complete primary immunizations and a health assessment by a physician, an advanced practice registered nurse, a physician assistant, or a legally qualified practitioner of medicine, an advanced practice registered nurse or a physician assistant stationed at any military base prior to entering an early childhood program in Connecticut.

*Please print*

|  |   |  |
|--|---|--|
| Child's Name (Last, First, Middle)                   | Birth Date (mm/dd/yyyy)   | <input type="checkbox"/> Male <input type="checkbox"/> Female            |
| Address (Street, Town and ZIP code)                  |   |  |
| Parent/Guardian Name (Last, First, Middle)           | Home Phone  | Cell Phone   |
| Early Childhood Program (Name and Phone Number)      | Race/Ethnicity  |  |
| Primary Health Care Provider:                        | <input type="checkbox"/> American Indian/Alaskan Native <input type="checkbox"/> Hispanic/Latino<br><input type="checkbox"/> Black, not of Hispanic origin <input type="checkbox"/> Asian/Pacific Islander<br><input type="checkbox"/> White, not of Hispanic origin <input type="checkbox"/> Other |  |
| Name of Dentist:                                     |   |  |
| Health Insurance Company/Number* or Medicaid/Number* |   |  |
| Does your child have health insurance?               | Y   N   | If your child does not have health insurance, call <b>1-877-CT-HUSKY</b> |
| Does your child have dental insurance?               | Y   N   |  |
| Does your child have HUSKY insurance?                | Y   N   |  |

\* If applicable

### Part I — To be completed by parent/guardian.

**Please answer these health history questions about your child before the physical examination.**

Please circle Y if "yes" or N if "no." Explain all "yes" answers in the space provided below.

|  |       |  |       |                             |       |
|--|-------|--|-------|-----------------------------|-------|
| Any health concerns                                    | Y   N | Frequent ear infections                                      | Y   N | Asthma treatment            | Y   N |
| Allergies to food, bee stings, insects                 | Y   N | Any speech issues  | Y   N | Seizure                     | Y   N |
| Allergies to medication                                | Y   N | Any problems with teeth                                      | Y   N | Diabetes                    | Y   N |
| Any other allergies                                    | Y   N | Has your child had a dental examination in the last 6 months | Y   N | Any heart problems          | Y   N |
| Any daily/ongoing medications                          | Y   N |  |       | Emergency room visits       | Y   N |
| Any problems with vision                               | Y   N | Very high or low activity level                              | Y   N | Any major illness or injury | Y   N |
| Uses contacts or glasses                               | Y   N | Weight concerns  | Y   N | Any operations/surgeries    | Y   N |
| Any hearing concerns                                   | Y   N | Problems breathing or coughing                               | Y   N | Lead concerns/poisoning     | Y   N |
| <b>Developmental — Any concern about your child's:</b> |       |  |       | Sleeping concerns           | Y   N |
| 1. Physical development                                | Y   N | 5. Ability to communicate needs                              | Y   N | High blood pressure         | Y   N |
| 2. Movement from one place to another                  | Y   N | 6. Interaction with others                                   | Y   N | Eating concerns             | Y   N |
|  |       | 7. Behavior  | Y   N | Toileting concerns          | Y   N |
| 3. Social development                                  | Y   N | 8. Ability to understand                                     | Y   N | Birth to 3 services         | Y   N |
| 4. Emotional development                               | Y   N | 9. Ability to use their hands                                | Y   N | Preschool Special Education | Y   N |

**Explain all "yes" answers or provide any additional information:**

Have you talked with your child's primary health care provider about any of the above concerns?    Y   N

Please list any **medications** your child will need to take during program hours:

*All medications taken in child care programs require a separate Medication Authorization Form signed by an authorized prescriber and parent/guardian.*

I give my consent for my child's health care provider and early childhood provider or health/nurse consultant/coordinator to discuss the information on this form for confidential use in meeting my child's health and educational needs in the early childhood program.

Signature of Parent/Guardian

Date

## Part II — Medical Evaluation

**Health Care Provider must complete and sign the medical evaluation, physical examination and immunization record.**

Child's Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Date of Exam \_\_\_\_\_  
(mm/dd/yyyy) (mm/dd/yyyy)

I have reviewed the health history information provided in Part I of this form

### Physical Exam

Note: \*Mandated Screening/Test to be completed by provider.

\*HT \_\_\_\_\_ in/cm \_\_\_\_\_ %   \*Weight \_\_\_\_\_ lbs. \_\_\_\_\_ oz / \_\_\_\_\_ %   BMI \_\_\_\_\_ / \_\_\_\_\_ %   \*HC \_\_\_\_\_ in/cm \_\_\_\_\_ %   \*Blood Pressure \_\_\_\_\_ / \_\_\_\_\_  
(Birth - 24 months) (Annually at 3 - 5 years)

### Screenings

|  |  |   |                  |              |
|--|--|---|------------------|--------------|
| <p><b>*Vision Screening</b></p> <p><input type="checkbox"/> EPSTD Subjective Screen Completed (Birth to 3 yrs)</p> <p><input type="checkbox"/> EPSTD Annually at 3 yrs (Early and Periodic Screening, Diagnosis and Treatment)</p> <p>Type:                      <u>Right</u>      <u>Left</u></p> <p style="padding-left: 40px;">With glasses            20/            20/</p> <p style="padding-left: 40px;">Without glasses        20/            20/</p> <p><input type="checkbox"/> Unable to assess</p> <p><input type="checkbox"/> Referral made to: _____</p> | <p><b>*Hearing Screening</b></p> <p><input type="checkbox"/> EPSTD Subjective Screen Completed (Birth to 4 yrs)</p> <p><input type="checkbox"/> EPSTD Annually at 4 yrs (Early and Periodic Screening, Diagnosis and Treatment)</p> <p>Type:                      <u>Right</u>      <u>Left</u></p> <p style="padding-left: 40px;"><input type="checkbox"/> Pass            <input type="checkbox"/> Pass</p> <p style="padding-left: 40px;"><input type="checkbox"/> Fail            <input type="checkbox"/> Fail</p> <p><input type="checkbox"/> Unable to assess</p> <p><input type="checkbox"/> Referral made to: _____</p> | <p><b>*Anemia: at 9 to 12 months and 2 years</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 70%;"><b>*Hgb/Hct:</b></td> <td style="width: 30%;"><b>*Date</b></td> </tr> </table> <p><b>*Lead: at 1 and 2 years; if no result screen between 25 - 72 months</b></p> <p>History of Lead level <math>\geq 5\mu\text{g/dL}</math>   <input type="checkbox"/> No   <input type="checkbox"/> Yes</p> | <b>*Hgb/Hct:</b> | <b>*Date</b> |
| <b>*Hgb/Hct:</b>   | <b>*Date</b>   |   |                  |              |
| <p><b>*TB: High-risk group?</b>   <input type="checkbox"/> No   <input type="checkbox"/> Yes</p> <p>Yes Test done:   <input type="checkbox"/> No   <input type="checkbox"/> Yes   Date: _____</p> <p>Results: _____</p> <p>Treatment: _____</p>  | <p><b>*Dental Concerns</b>   <input type="checkbox"/> No   <input type="checkbox"/> Yes</p> <p><input type="checkbox"/> Referral made to: _____</p> <p>Has this child received dental care in the last 6 months?   <input type="checkbox"/> No   <input type="checkbox"/> Yes</p>  | <p><b>*Result/Level:</b> _____      <b>*Date</b> _____</p> <p><b>Other:</b> _____</p>   |                  |              |

**\*Developmental Assessment: (Birth - 5 years)**    No    Yes      **Type:** \_\_\_\_\_

**Results:** \_\_\_\_\_

**\*IMMUNIZATIONS**    Up to Date or    Catch-up Schedule: **MUST HAVE IMMUNIZATION RECORD ATTACHED**

**\*Chronic Disease Assessment:**

**Asthma**       No    Yes:    Intermittent    Mild Persistent    Moderate Persistent    Severe Persistent    Exercise induced  
*If yes, please provide a copy of an Asthma Action Plan*

Rescue medication required in child care setting:    No    Yes

**Allergies**       No    Yes: \_\_\_\_\_  
 Epi Pen required:                                       No    Yes  
 History/risk of Anaphylaxis:    No    Yes:       Food    Insects    Latex    Medication    Unknown source  
*If yes, please provide a copy of the Emergency Allergy Plan*

**Diabetes**       No    Yes:    Type I    Type II      **Other Chronic Disease:** \_\_\_\_\_

**Seizures**       No    Yes:   Type: \_\_\_\_\_

- This child has the following problems which may adversely affect his or her educational experience:  
 Vision    Auditory    Speech/Language    Physical    Emotional/Social    Behavior
- This child has a developmental delay/disability that may require intervention at the program.
- This child has a special health care need which may require intervention at the program, e.g., special diet, long-term/ongoing/daily/emergency medication, history of contagious disease. *Specify:* \_\_\_\_\_

- No    Yes   This child has a medical or emotional illness/disorder that now poses a risk to other children or affects his/her ability to participate safely in the program.
- No    Yes   Based on this comprehensive history and physical examination, this child has maintained his/her level of wellness.
- No    Yes   This child may fully participate in the program.
- No    Yes   This child may fully participate in the program with the following restrictions/adaptation: (Specify reason and restriction.) \_\_\_\_\_

No    Yes   Is this the child's medical home?    I would like to discuss information and/or nurse/health consultant/coor

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Signature of health care provider MD/DO/APRN/PA

Date Signed